



Ref.No. IIAHSR/DO/PT/GL/2025/266A

Dated: 01/09/2025

NOTICE

All the faculty members of Physiotherapy are hereby notified that a meeting is scheduled to be held on 02nd September 2025, in the HoD office at 12:20 PM. The agenda of the meeting is to organize the guest lecture in the month of September 2025, session 2025-26 (Odd Semester).

You are requested to please make it convenient to attend the same.

Dr. Mohd Javed Iqbal
Incharge DQAC

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Prof. (Dr.) Ashfaq Khan
Director, IIAHSR

Prof. (Dr.) Ashfaq Khan
Director
Integral Institute of Allied Health
Sciences & Research
Integral University, Lucknow

CC to:
All Concern



Ref.No.: IIAHSR/DO/PT/GL/2025/2068

Dated: 02/09/2025

MINUTES OF THE MEETING

A meeting was held on 2nd September 2025, regarding the organization of guest lecture in the month of September 2025. The agenda of the meeting was regarding the nomination, selection and arrangement of Guest Speaker.

MEMBER ATTENDED: The following members attended the meeting


1.	Prof. (Dr.) Ashfaque Khan	Professor, Director IIAHSR
2.	Prof. (Dr.) Abdur Raheem Khan	Professor, Head Physiotherapy
3.	Dr. Neeraj Maurya (PT)	Associate Professor
4.	Dr. Mohd Javed Iqbal (PT)	Associate Professor
5.	Dr. A. M. H. Inam (PT)	Associate Professor
6.	Dr. Farhan Khan (PT)	Associate Professor
7.	Dr. Ammar Faisal Khan (PT)	Assistant Professor
8.	Dr. Namrata Suri (PT)	Assistant Professor
9.	Dr. Shaikh Shohaim Mohd (PT)	Assistant Professor
10.	Dr. Sadiya Begum (PT)	Assistant Professor
11.	Dr. Taufish Ahmad (PT)	Assistant Professor
12.	Dr. Aafreen (PT)	Assistant Professor
13.	Dr. Hera Naeem (PT)	Assistant Professor
14.	Dr. Saher Ansari (PT)	Lecturer
15.	Dr. Zohra Akhtar (PT)	Lecturer
16.	Dr. Salma Iftekhhar (PT)	Lecturer


DECISIONS: The following aspects were discussed and according following decisions were taken:

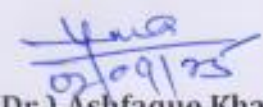
- The Guest lecture date was proposed on 08th September 2025, by HoD, timing would be from 09:30 AM to 11.30 AM.
- The name of the guest faculty proposed for the lecture will be Dr. Nousheen Jahan, Assistant Professor, T.S Mishra University, Lucknow.
- Welcome speech will be given by Dr. Salma Iftekhhar (PT)
- Vote of thanks will be given by Dr. Saher Ansari (PT).
- All students from BPT 1st & 2nd year would be allowed to attend the Lecture.

The Meeting concluded with the vote of thanks.

Date	Start Time	End Time	Location	Prepared by	Verified by
02.09.2025	12.20 PM	1.00 PM	Head, Room	Haider Ali	Dr. Saher Ansari


Dr. Mohd Javed Iqbal
Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy


Prof. (Dr.) Ashfaque Khan
Director, IIAHSR

CC to:

- All Concerned faculty members
- Office copy




Dated: 02/09/2025

ATTENDANCE SHEETS MINUTES OF MEETING FOR GUEST LECTURE

Date	Start Time	End Time	Location	Verified by
02.09.2025	12.20 PM	1.00 PM	Head, Room	Dr. Saher Ansari
S.N.	Name of the Attendee members	Designation	Signature with Date	
1.	Prof. (Dr.) Ashfaq Khan	Professor, Director IIAHSR		
2.	Prof. (Dr.) Abdur Raheem Khan	Professor, Head Physiotherapy		
3.	Dr. Neeraj Maurya (PT)	Associate Professor		
4.	Dr. Mohd Javed Iqbal (PT)	Associate Professor		
5.	Dr. A. M. H. Inam (PT)	Associate Professor		
6.	Dr. Farhan Khan (PT)	Associate Professor		
7.	Dr. Namrata Suri (PT)	Assistant Professor		
8.	Dr. Aafreen (PT)	Assistant Professor		
9.	Dr. Hera Naeem (PT)	Assistant Professor		
10.	Dr. Ammar Faisal Khan (PT)	Assistant Professor		
11.	Dr. Sadiya Begum (PT)	Assistant Professor		
12.	Dr. Taufish Ahmad (PT)	Assistant Professor		
13.	Dr. Shaikh Shohaim Mohd (PT)	Assistant Professor		
14.	Dr. Saher Ansari (PT)	Lecturer		
15.	Dr. Salma Iftekhar (PT)	Lecturer		
16.	Dr. Zohra Akhtar (PT)	Lecturer		
17.	Sania Mirza	BPT-I st Year (Student)		
18.	Mohd. Ahsan	BPT-II nd Year (Student)		


Dr. Mohd Javed Iqbal
 Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
 Head, Physiotherapy



Ref.No.: IIAHSR/DO/PT/GL/2025/2666

Dated: 06/09/2025

To,

Dean, IIMSR
Integral University
Lucknow.

(Through Proper Channel)

Subject: Approval of Guest Lecture in the month of September 2025 in the Department of Physiotherapy.


Mam,

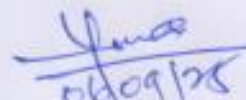
With due respect we would like to state that we are going to organize a Guest Lecture on **"Healthy Aging and Fall Prevention"** on the occasion of **"World Physiotherapy Day"** by Dr. Nousheen Jahan, Assistant Professor, T.S Mishra University, Lucknow. through offline mode on **08th September 2025** in the Department of Physiotherapy, from 09:30 AM onward, for the B.P.T students.

The event will help the students to enhance their knowledge and clinical skills. Kindly allow to conduct the guest lecture and sanction the remuneration amount as per the Faculty of Medicine & Health Sciences, Integral University rules.

I request you to kindly give your approval in this regard.

Thanking you in anticipation.


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy


Prof. (Dr.) Ashfaq Khan
Director (IIAHSR)
Professor, Ashfaq Khan
Director
Integral Institute of Allied Health
Sciences & Research
Integral University, Lucknow



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/PT/GL/2025/ 266 D

Dated: 06/09/2025

From,

Prof. (Dr.) Abdur Raheem Khan
Head, Department of Physiotherapy
Integral University, Lucknow

To,

Dr. Nousheen Jahan
Assistant Professor, Allied Health Sciences
T.S. Mishra University, Lucknow

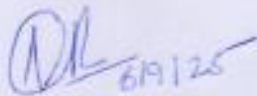
Subject: Invitation as a speaker for Guest Lecture on "Healthy aging and fall prevention".

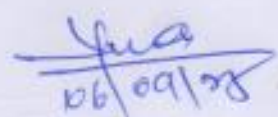
Ma'am,

We are pleased to inform you that Integral Institute of Allied Health Sciences & Research (IIAHSR), Department of Physiotherapy, Integral University, Lucknow, would like to invite you as a speaker for Guest Lecture on "Healthy aging and fall prevention" Scheduled to be held on **08th September 2025** from **9:30 AM**.

Please consider this letter as a humble invitation and kindly revert with a positive response. It would be deeply appreciated.

Thanking you.


Prof. (Dr.) Abdur Raheem Khan
Head, Department of Physiotherapy
Integral University, Lucknow
Department of Physiotherapy
Integral University, Lucknow


Prof. (Dr.) Ashfaq Khan
Director, IIAHSR
Integral University, Lucknow
Prof. (Dr.) Abdur Raheem Khan
Director
Integral Institute of Allied Health
Sciences & Research
Integral University, Lucknow



Ref.No.: IIAHSR/DO/PT/GL/2025/ 266E

Dated: 06/09/2025

NOTICE

All the students of Physiotherapy Bachelor of Physiotherapy first and second year are hereby informed that the guest lecture is to be scheduled on 08th September 2025, from 09:30 AM onward, on **“Healthy Aging and Fall Prevention”** by Dr. Nousheen Jahan, Assistant Professor, T.S. Mishra University, Lucknow.

All are students are requested to attend the same.

Dr. Mohd Javed Iqbal
Incharge DQAC

Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy

Prof. (Dr.) Ashfaque Khan
Director, IIAHSR

Prof. (Dr.) Abdur Raheem Khan
Integral Institute of Allied Health
Sciences & Research
Lucknow

Copy To,

1. Executive Director-IIMSR, IINSR, IIAHSR- For Kind Information
2. Dean/ Director IIMSR- For Kind Information
3. Medical Superintendent, IIMSR- For Kind Information
4. Dy. Medical Superintendent, IIMSR- For Kind Information
5. Director, IIAHSR
6. All HOD, IIMSR
7. All Faculty Members Physiotherapy
8. Notice Board
9. Office Copy



Dated: 08/09/2025

Attendance Sheets of Guest Lecture on "Healthy Aging and Fall Prevention" on 8th September 2025.

Date	Start Time	Venue	Location		
08.09.2025	9.30 PM	LT-1	4th, Phase-4, Medical Block		
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
1.	Umra Siddiqui	2500103249	BPT	1 year - 1 sem	<i>Umra</i> 08/09/25
2.	Nasrin Khatoun	2500103183	BPT	1 year - 1 sem	<i>Nasrin</i> 8/09/25
3.	Bushra Javed	2500103069	BPT	1 year - 1 sem	<i>Bushra</i> 8/09/25
4.	Khan Zoya	2500103179	BPT	1 year - 1 sem	<i>Zoya</i> 8/09/25
5.	Tanzila Tahseen	2500103060	BPT	1 year - 1 sem	<i>Tanzila</i> 8/09/25
6.	Aliya Khalid	2500103118	BPT	1 year - 1 sem	<i>Aliya</i> 8/09/25
7.	Sania Siddiqui	2500100241	BPT	1 year - 1 sem	<i>Sania Siddiqui</i> 8/9/25
8.	Barkhatoun Khan	2500103214	BPT	1 year - 1 sem	<i>B.K</i> 8/9/25
9.	Rushda	2500103228	BPT	1 year - 1 sem	<i>Rushda</i> 8/9/25
10.	Kabsha	2500103137	BPT	1 year - 1 sem	<i>Kabsha</i> 8/9/25
11.	Azfiya Arshi	2500103207	BPT	1 year - 1 sem	<i>Azfiya</i> 8/9/25
12.	Muskan Ali	2500103233	BPT	1 year - 1 sem	<i>Muskan</i> 8/9/25
13.	Raina Pandey	2500103202	BPT	1 year - 1 sem	<i>Raina</i> 8-9-25
14.	Saniya Minza	2500103284	BPT	1 st year - 1 sem	<i>Saniya</i> 8/9/25
15.	Nida Khatoun	2500103155	BPT	1 st year - 1 sem	<i>Nida</i> 08/09/25
16.	Arroob Nasar	2500103271	BPT	1 st year - 1 sem	<i>Arroob</i> 08/09/25
17.	Mehwish	2500103205	BPT	1 st year - 1 sem	<i>Mehwish</i> 08/09/25
18.	Parvita Gupta	2500103151	BPT	1 st year - 1 sem	<i>Parvita</i> 08/09/25
19.	Verma Ragini	2500103225	BPT	2 year 3 sem	<i>Verma</i> 08/09/25
20.	YASMEEN AHMAD	2400103381	BPT	2 year 3 sem	<i>Yasmeen</i> 08/09/25
21.	Alimun Nisha	2500104744	BPT	1 st year - 1 sem	<i>Alimun</i> 08/09/25
22.	Anchal Pal	2500103150	BPT	1 st year - 1 sem	<i>Anchal</i> 08/09/25
23.	Nahida Shaikh	2500103077	BPT	1 st year - 1 sem	<i>Nahida Shaikh</i> 08/09/25
24.	Nisha Khan	2500103082	BPT	1 st year - 1 sem	<i>Nisha Khan</i> 08/09/25
25.	Zuyeno Anseri	2500103177	BPT	1 st year - 1 sem	<i>Zuyeno</i> 08-09-25

Prof. Dr. ... Khan 1/4



Continue...

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
26.	Rajeev Kumar	2500103212	BPT	1st yr	Rajeev Kumar
27.	Piyush Kr. Singh	2500103219	BPT	1st yr	Piyush Kumar Singh
28.	Md. Samir.	2400103293	BPT	2nd yr	
29.	Sushant Singh	2500103216	BPT	1st year	
30.	Abdullah Tatta	2500106231	BPT	1st year	Abdullah Tatta
31.	Mohd Abuzar	2500103154	BPT	1st year	Abuzar
32.	Sanskriti Kumar	2500103054	BPT	1st year	Sanskriti Kumar
33.	Paridhi Singh	2500103176	BPT	1st year	Paridhi Singh
34.	Nashrah Fatima	2500103252	BPT	1st year	Nashrah
35.	ABOUHAR AH I	2500103068	BPT	1st year	A. Ali
36.	MOHD. AFFAN	2500103094	BPT	1st year	
37.	VISHAL KUMAR	2500103171	B.P.T	1st year	
38.	Md Imran Hasan	2500103138	B.P.T	1st year	Md. Imran Hasan
39.	Rahul Modanwal	2400105541	B.P.T	2nd year	Rahul
40.	Mohd Shoaib Akhtar	2500105898	B.P.T	1st year	Shoaib
41.	Umar Khan	2500103186	BPT	1st year	Umar Khan
42.	Mohd Suhail Khan	2500103152	BPT	1st year	Suhail
43.	KHALID HASSAN	2500103059	BPT	1st year	Khalid
44.	Ajoor Ahmed	2500103282	BPT	1st year	Ajoor
45.	Shahabuddin Alam	2500103181	BPT	1st year	Shahab
46.	MD. Rehan Azim	2500105956	BPT	1st year	Rehan
47.	Mohd Atif	2500103182	BPT	1st year	Mohd Atif
48.	Anurag Kumar	2500103275	BPT	1st year	Anurag
49.	Ayan Haider	2500103055	BPT	1st year	Ayan
50.	2500103190				

51. Tanveed Ahmed 2500103190 BPT 1st year Tanveed Ahmed

Prof. (Dr.) Anurag Kumar

08/09/2020

2/4

Continue...



S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
51.	Sadiya Naushad	2400103359	BPT	II/III	Sadiya Naushad 8/9/25
52.	Asiya Perween	2400103396	BPT	II/III	Asiya Perween 08-09-25
53.	Shaiikh Aaliya Faizan	2400103413	B.P.T	II nd /III	Akshai 08-09-25
54.	Aleena Ashraf	2400105584	B.P.T	II nd /III rd	Aleena Ashraf
55.	Aqsa Mateen	2400105270	B.P.T	II nd /III rd	Aqsa Mateen
56.	Aishwariya	2400104788	B.P.T	II nd /III rd	Aishwariya
57.	Saniya Javed	2400103324	BPT	II nd /III rd	Saniya
58.	Mohd Anas	2400103397	BPT	II nd /III	Anas
59.	Karan Pratap Singh	2400103921	"	"	Karan
60.	Alok Kumar	2400105274	"	"	Alok
61.	SAHABUDDIN	2400103506	"	"	SAHABUDDIN
62.	Mohd Hassan	2400105149	"	"	Hassan
63.	Faham Adil	2400103364	"	"	Faham
64.	Shiphir Patrak	2400103315	"	"	Shiphir
65.	Prakhar Shukla	2400104791	"	"	Prakhar
66.	Md Anas	2400103405	BPT	II/III	Md Anas
67.	Mohammad Aqueeb	2400103308	"	"	Aqueeb
68.	Mohd Fahad	2400104552	BPT	II	Fahad
69.	Sakib Hussain	2500105574	BPT	II	Sakib
70.	Sameer Warsi	2500103251	BPT	I	Sameer Warsi
71.	Shahid Ali	2500103094	BPT	I	Shahid Ali
72.	Asad Khan	2500103117	BPT	I	Asad Khan
73.	Fardeen Khan	2500103067	BPT	I	Fardeen Khan
74.	Md Saif Rahman	2500103280	B.P.T	I	S. Rahman
75.	Abhishek Kumar	2500103227	B.P.T.	II	Abhishek 8/9/25

Prof. Dr. ...
08/09/25



INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
76.	md Adil Atique	2500106404	BPT	I st	md Adil Atique
77.	Kashan Khan	2302300051	BPT	I st	Kashan Khan
78.	Khan Jahongir	2400105020	BPT	II nd	Khan Jahongir
79.	Sania Fatima	2400103410	BPT	II nd	Sania Fatima
80.	Faizan Shahab	2400105308	BPT	II nd	Faizan Shahab
81.	Mohammad Farhan Anjum	2400105441	BPT	II nd	Mohammad Farhan Anjum
82.	Mohammad Hassan	2400103380	BPT	II nd	Mohammad Hassan
83.	Khizra-Ali	2500104011	BPT	I st	Khizra-Ali
84.	Bushra Halim	2500103265	BPT	I st	Bushra Halim
85.	Devanshi Singh	2500103130	BPT	I st	Devanshi Singh
86.	Zufeshan	2500103287	BPT	I st	Zufeshan
87.	Ayesha Naaz	2500103120	B.P.T	I st	Ayesha Naaz
88.	Ipsa Yadav	2500103217	B.P.T	I st	Ipsa Yadav 8/9/25
89.	Anam	2500103079	B.P.T.	I st	Anam
90.	Prince Singh	2500103093	B.P.T	I st	Prince Singh
91.	Yazdan Yusuf	2500103051	B.P.T	I st	Yazdan Yusuf
92.	Krishna Khare	2500103106	B.P.T	I st	Krishna Khare
93.	Ganiya Khan	2400103373	B.P.T	II nd	Ganiya Khan
94.	Naziya Khatoon	2400103328	B.P.T	II nd	Naziya Khatoon
95.	Gousiya Bano	2400104072	B.P.T	II nd	Gousiya Bano
96.	Haya Khan	2400105418	B.P.T	II nd	Haya Khan
97.	Saleha Khatoon	2300104430	B.P.T	II nd	Saleha Khatoon
98.	Ruhi Afsana	2300103420	B.P.T	II nd	Ruhi Afsana
99.	Ayesha Khan	2400103343	B.P.T	II nd	Ayesha Khan
100.	Ausifa Khan	2400106097	BPT	II	Ausifa Khan

Y. Naaz
08/09/25

4/4



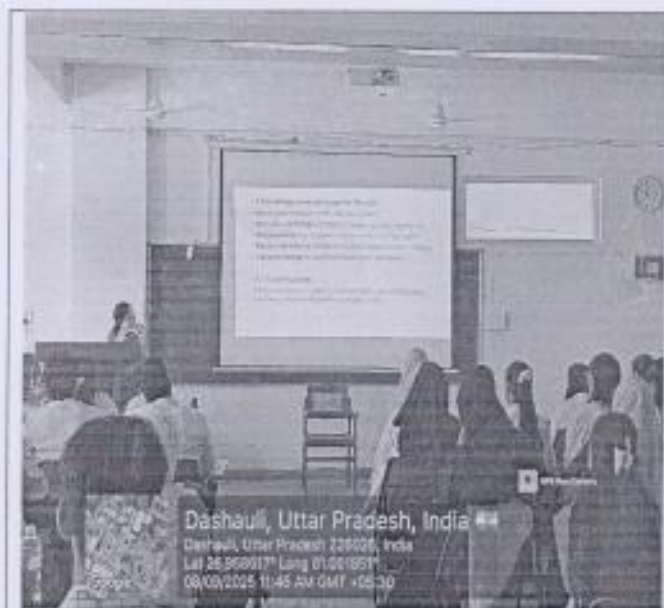
Ref.No.: IIAHSR/DO/PT/GL/2025/ 266 F

Dated: 08/09/2025

REPORT

Brief Report on the Guest Lecture on the topic "HEALTHY AGING AND FALL PREVENTION" Organized by Department of Physiotherapy, Integral Institute of Allied Health Science & Research, Integral University, Lucknow on 08th September 2025.

The Department of Physiotherapy (IIAHSR) organized an educational and interactive 'Guest Lecture' on 08th September 2025. The Guest speaker was Dr. Nousheen Jahan, Assistant Professor, T.S. Mishra University, Lucknow.

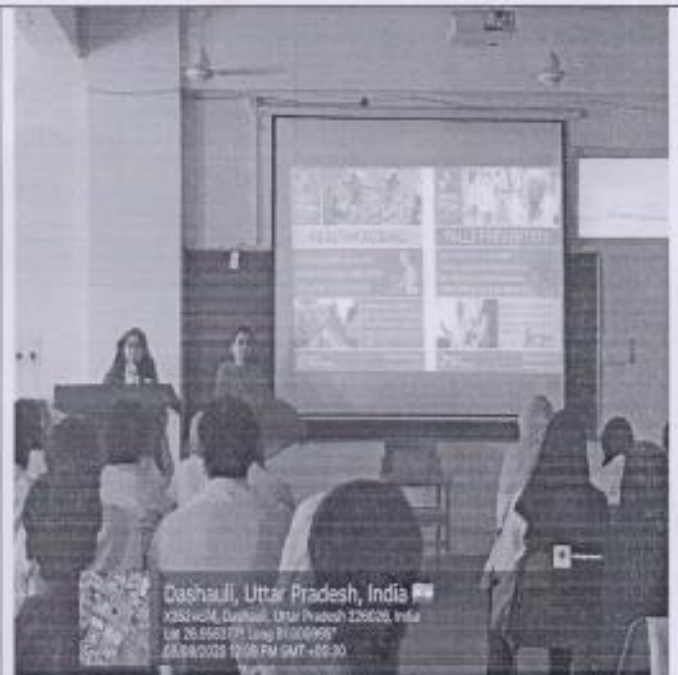


The event started with welcome address by **Dr. Salma Iftekhara (PT)** which was followed by **Prof. (Dr.) Abdur Raheem Khan**, Head, Integral Institute of allied Health Sciences & Research. **Dr. Nousheen Jahan** started her lecture with overview about how the goals are modified and challenges that are faced during the process of aging and how to overcome them. She explained about the uses of assistive technologies and different techniques to train for fall prevention. She also explained about recent advances and technologies developed for enchantment to improve their quality of life.



Dashauli, Uttar Pradesh, India

Dashauli, Uttar Pradesh 226026, India
Lat: 26.858634° Long: 81.001806°
06/09/2025 11:41 AM GMT +05:30




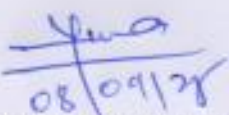
Dashauli, Uttar Pradesh, India

Dashauli, Uttar Pradesh 226026, India
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06/09/2025 12:05 PM GMT +05:30

After her lecture the students were given time to interact with Guest speaker. Students felt that the session was more informative and interactive. The event was concluded with a vote of thanks by Dr. Saher Ansari (PT). The program was actively supported by all the members of the Department.


Dr. Mohd Javed Iqbal
Incharge DQAC


Prof. (Dr.) Abdur Raheem Khan
Head, Physiotherapy


Prof. (Dr.) Ashfaq Khan
Director (IIAHSR)